

Epicare Associates, Inc.

Provides outsourced training to healthcare organizations and corporations. Specializing in clinical and staff development programs, Epicare utilizes clinical experts for all programs.

Programs include orientations, cross training and continuing education. Frequently requested topics include: Crisis Intervention in the Workplace; Psychiatric Cross training; Customer Service; Generational Diversity; Mentoring; Pain Management; Nursing Management; Staff Education; Palliative Care; Documentation and Legal Issues.

All programs are updated to meet the latest regulations for training by OSHA, JCAHO and applicable State agencies. Epicare Associates, Inc. is an approved provider of continuing nursing education in nursing by the New Jersey State Nurses Association which is an accredited approver of continuing education in Nursing by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number P195-4/04-07.

For more information, contact Epicare at (973) 228-4250 or 1-877-4-EPICARE (374-2273). Visit us on the Web at www.epicare.com.



Epicare Associates, Inc.
585 Bloomfield Avenue, Suite 5C
West Caldwell, NJ 07006-7505



Presents

Palliative Care Education

***Offered to Organizations for
On-site Training of their
Employees***

Palliative Care Education Modules

In order to create a program to meet the specific needs of an organization, the following modules are available and can be combined to meet the learning needs of the participants.

- **Bereavement**

Perinatal Bereavement – This full day program is designed for nurses and healthcare providers who want to develop competence in utilizing therapeutic interventions to facilitate mourning following perinatal loss.

Pediatric Bereavement – This full day program is designed for nurses and healthcare providers in dealing with pediatric terminal illness and death. Specific resources and a family systems approach are emphasized.

Overview of Bereavement – This program can be customized to various time frames and content includes types of loss, stages of grief, the mourning process, caregiver stress and therapeutic interventions.

- **Complementary Therapies**

This program provides an overview of alternative therapies offered to palliative care patients and their families. Modalities discussed include: Mind-Body, Movement, Energy, Sensory, Spiritual, and Herbal. Extensive resources are provided for those interested in follow-up and program implementation.

- **Cultural Diversity**

This program can be taught separately or integrated into other content. Organizations are asked to provide information about the specific cultures they serve. Content includes ethnic rituals, communication styles and patterns of coping.

- **Death and Dying**

This program focuses on the physical, psychological and spiritual issues at the time of death. Content includes: recognizing death, care after death, and support for family and caregivers.

- **Ethics/Legal issues**

This program provides the legal perspective and ethical considerations of: informed consent, advanced directives, living wills/health care proxy, withholding and withdrawing life sustaining treatments, allocation of resources, and decision making.

- **Interpersonal Communication**

Effective communication is often viewed as the hallmark of palliative care. This program addresses the essential of communication, barriers, conveying bad news, non-verbal communication, empathy and interdisciplinary collaboration.

- **Orientation to Palliative care**

This program services as an introduction to the concept of palliative care. Content includes: death and dying, principles and goals of palliative and hospice care, roles of healthcare professionals in end of life care, and care for the caregiver.

- **Pain Management**

Epicare Associates, Inc. offers a variety of Pain Management programs, which address the Standards, set forth by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). Organizations are asked to provide a copy of their Pain Management policy and procedure and list of pain medications currently on formulary, so that the program can be customized to that agency's needs.

Pain Management for Paraprofessionals- This program provides an overview pain management focusing on the roles and responsibilities of ancillary personnel.

Clinical Pain Management - This half-day program provides essential information to meet the JCAHO standards for nurses and other healthcare providers on pain management.

Clinical Pain Management and Behavioral Approaches - This full day session is designed for nurses and other healthcare professionals who work with clients that may have challenging behavioral issues. The morning session incorporates the Clinical Pain Management program and the afternoon session provides behavioral approaches to assist with pain management issues.

Concepts in Clinical Pain Management - This full day program provides participants with a comprehensive overview on pain management and pharmacology. The program expands on the needs of the needs special populations and non-pharmacologic modalities. Additional information of pharmacologic agents is also discussed.

- **Patient /Caregiver Education**

This program addresses the educational needs of patients and families. Specific content includes the physical, psychological and emotional self-care that individuals need to be taught and supported in performing.

- **Psychosocial Issues**

This program addresses the psychosocial issues that are frequently experienced by patients, families and staff in palliative care. Topics include: Psychosocial history, anxiety/panic disorders; depression; risk assessment for suicide; psychopharmacology, support groups and criteria for psychiatric referral. The program can be effectively combined with Bereavement content.

- **Team Building**

This program is designed for healthcare professional that will work together as an interdisciplinary team in palliative care. The following modules are available:

- 1) Introduction: The Importance of Groups and Creating a Learning Environment
- 2) Characteristics of High Performing Teams
- 3) Stages of Group Development
- 4) Group Dynamics and Process Skills
- 5) Communication Skills
- 6) Leadership Functions
- 7) Effective Meetings
- 8) Conflict Resolution
- 9) Managing Change
- 10) Stress Management
- 11) Facilitating Groups